

RSE – Respectful Relationships

Year Two



Respect - is caring enough to consider how words and actions impact others.

Relationships - the relationship or interaction between people or groups.

Behaviour - is the way a person or thing acts or reacts.

Kind - wanting or liking to do good and to bring happiness to others.

Feelings - when one feels an emotion.

Polite - having or showing good manners or respect for other people.

Bullying - is when someone is being hurt either by words or actions on purpose, usually more than once.

Teasing - the act of making fun of or repeatedly bothering a person.

Choices - the act of picking between two or more possibilities.

Permission - the approval of a person in authority.

By the end of this unit you will be able to understand the importance of respecting others, using manners and seeking permission. You will also know what to do if someone (or yourself) is being bullied.

Important information

We are all different and that is something to be celebrated!



People have different beliefs, families, and ages, come from different places, wear different clothes, have different abilities and interests, look different and do things in different ways. We are all unique and special.

Respect means treating other people and their beliefs with care and understanding. Telling a friend what we appreciate about them makes them feel good. This is called a compliment. Being kind makes people happier. You can never run out of kindness, so don't be afraid to be kind to everyone. Kindness is like a boomerang, when we give it; it usually comes back to us.

Our behaviour can affect other people. It is important to be polite, share and take turns when working with others or as part of a team. Most people have their best ideas when they work as a team. We learn best by listening, seeing things or doing things. We all have special people who help and care for us. Special people make us feel safe and comfortable.



Bullying is when someone chooses to hurt someone else on purpose with his or her actions or with their words. Bullying is REPETITIVE – which means it happens again and again. It can hurt us in many ways. If someone is being bullied, we can tell one of our trusted adults. Bully can happen face to face but also online, this is called cyberbullying.

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	Lesson Question	What you will learn	Learning Review
1	Why should we respect others?	The importance of respecting others, even when they are very different from us (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs.	
2	What can we do to create respectful relationships?	Practical steps they can take in a range of different contexts to improve or support respectful relationships.	
3	What are manners? How/when do you use them?	Be given the opportunity to think about their behaviour. Understand the importance of having good manners, learn how to show courtesy and respect to others and understand mutual respect.	
4	What is bullying? What should we do if someone (or yourself) is being bullied?	About different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders (primarily reporting bullying to an adult) and how to get help.	
5	Who are your friends? Why should we seek permission in relationships?	The importance of permission-seeking and giving in relationships with friends, peers and adults.	