

## PE –Striking and Fielding

Year Two



Throw

Catch

Receive

Trap

Travel

Target

Movement

Underarm

Accurate

Control

Aim

By the end of this unit you will be able to demonstrate competent ball skills and agility in travelling movement

### Important information



Throughout this unit of work, you will learn and practise skills used in many competitive games. Towards the end of the unit, you will concentrate on the game rounders, but the skills you will learn and practise can be adapted to many other games.

You will begin by concentrating on your aim, and ability to send a variety of equipment to reach a target. You will develop your ball skills and understanding of why we need to aim when throwing a ball.



Following this, you will learn how to receive a ball and the skills required to receive and trap balls using different parts of your body. Making links between how this will be used in different competitive games.

You will master different travel movements with control of your body, and practise travelling at different speeds, in different directions and on different levels.



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Lesson	Lesson Question	What you will learn	Learning Review
1	How can you move in different ways?	You will master different travel movements with control of your body. You will travel at different speeds, in different directions and on different levels	
2	Can you throw underarm?	You will throw a variety of equipment underarm accurately.	
3	Can you send and stop a ball to win a game?	You will accurately roll a ball towards a target. You will understand stopping balls in order to win a game.	
4	Can you hit a target?	You will aim and send a variety of equipment to reach a target. You will aim and reach a variety of targets. You will throw underarm in a controlled way.	
5	Can you receive a piece of equipment? Can you strike a ball using a variety of equipment?	You will receive a piece of equipment in a variety of ways. You will use different equipment to try and strike a ball, still and moving.	
6	Can you receive and trap a piece of equipment in a variety of ways?	You will demonstrate receiving and trapping skills with a variety of equipment	