

Rockcliffe CE School Overview for RSE

Intent

The intent of our RSE curriculum at Rockcliffe CE School is to deliver a curriculum which is accessible to all and that will maximise the outcomes for every child.

In an ever-changing world, it is important that they have high aspirations, a belief in themselves and realise that anything is possible if they put their mind to it.

Our RSE is strongly inspired by our school ethos 'Believe and Achieve'

We want our pupils to develop a confidence in sharing their own thoughts and opinions with others, develop skills and attributes to keep themselves healthy and safe. We want them to show tolerance of others beliefs, religions and life choices, and to build positive, respectful relationships with other people.

At Rockcliffe CE Primary School, good relationships are fundamental to our ethos and our success in being a happy, caring and safe school. Relationships and Sex Education (RSE) is lifelong learning about relationships, emotions, looking after ourselves, different families, sex, sexuality and sexual health. We aim for the children in our school to acquire the appropriate knowledge, develop their skills and form positive beliefs, values and attitudes. RSE has a key part to play in the personal, social, moral and spiritual development of young people

Implementation

The You and Me and PSHE scheme, enhanced by Kidsafe lessons, is a planned and mapped out programme of learning through which children and young people acquire the knowledge, understanding and skills they need to successfully manage their lives – now and in the future.

The PSHE curriculum, taught weekly in discrete lessons, is also reflected in the whole school curriculum and shared Christian values, and is embedded in day to day life and lessons.

The content of our Collective Worships encourages a positive school ethos of tolerance, caring and understanding for all. Collective Worships are used to reinforce and develop our school values, promoting pupils' spiritual, moral, social and cultural (SMSC) development, and fundamental British Values.

In school, children's voices are heard through School Council. Children are confident in challenging stereotypes and in understanding how to be anti-racist. Children recognise they are growing up in a diverse but unequal world and that they have a voice to change that, and a responsibility to do so.

The You, Me and PSHE scheme is split into strands that continue as a spiralling curriculum from Year 1 to Year 6. Each PSHE lesson includes an overall learning intention and specific learning outcomes (based on knowledge and understanding, skills and the development of attitudes)

In PSHE lessons, it is important to establish a safe and supportive environment. Ground rules are agreed by the staff and pupils before the lesson begins and are adhered to throughout the lessons. Discussions are managed sensitively and the teacher responds appropriately to spontaneous questions and comments raised by pupils. The teacher is aware of vulnerable pupils and enables them to safely participate

Impact

Our school values and inclusion of safeguarding within our curriculum is vital as first and foremost, we want our children to be safe and happy so that they can excel in all aspects of school life. Our PSHE curriculum provides them with a chance to reflect and learn about these crucial elements.

Our children and staff value well-being, mental health and good citizenship. Through our curriculum, we believe that we prepare children for the next stage in their education as well as preparing them, during this vital stage of their life, for the adult world.

Assessment of children's skills and knowledge is also planned into the You, Me and PSHE Scheme of work. At the beginning of the topic pupils complete a pre-topic assessment activity, which is then repeated at the end of the topic. This enables pupils and teachers to understand and demonstrate the progress made. Pupils also complete a self-refection sheet at the end of each topic; to encourage self-evaluation and reflection on learning within the topic as a whole unit of work

CPD Opportunities

If CPD opportunities arise we will endeavour to attend if possible.