* Rockcliffe CE Primary School Whole School RSE Overview

Below is an overview of the RSE learning focus for each term/half term in each class.

Class teachers may choose to adapt the schemes of work to suit their class but must ensure full coverage throughout the two-yearly cycle.

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|  | EYFS (Not part of You, Me, PSHE) | Year 1/2 | | Year 2/3 | | Year 4 | Year 5 | | Year 6 |
| Autumn 1 | **Living in the Wider World**  **All About Me** | **Physical health and wellbeing**  Fun times  **Physical health and wellbeing**  What keeps me healthy? | | **Physical health and wellbeing**  What keeps me healthy?  **Physical health and wellbeing**  What helps me choose? | | **Physical health and wellbeing**  What is important to me?  **Identity, society and equality**  Democracy | **Physical health and wellbeing**  In the media  **Identity, society and equality**  Stereotypes, discrimination and prejudice | | **Identity, society and equality**  Human rights  **Keeping safe and managing risk**  Keeping safe - out and about  FGM (female genital mutilation) |
| Autumn 2 | **Special People**  **Being a Good Friend** | **Keeping safe and managing risk**  Feeling safe  **Identity, society and equality**  Me and others | | **Keeping safe and managing risk**  Indoors and outdoors  **Keeping safe and managing risk**  Bullying – see it, say it, stop it | | K**eeping safe and managing risk**  Playing safe  **Identity, society and equality**  Celebrating difference | **Keeping safe and managing risk**  Making safer choices | | **Relationships and health education**  Healthy relationships  **Relationships and health education**  Healthy relationships |
| Spring 1 | **Health and Wellbeing**  **Looking After Myself** | **Mental health and emotional wellbeing**  Feelings  **Mental health and emotional wellbeing**  Friendship | | **Mental health and emotional wellbeing**  Friendship  **Mental health and emotional wellbeing**  Strengths and challenges | | **Mental health and emotional wellbeing**  Friendship (Extension)  **Mental health and emotional wellbeing**  Strengths and challenges (Extension) | **Mental health and emotional wellbeing**  Dealing with feelings  Kidsafe Session- Anger- how do deal with it in a positive way. | | **Mental health and emotional wellbeing**  Healthy minds |
| Spring 2 | **Relationships**  **My Friends** | **Drug, alcohol and tobacco education**  What do we put into and on to bodies?  **Relationships and health education**  Boys and girls, families | | **Drug, alcohol and tobacco education**  Medicines and me  **Drug, alcohol and tobacco education**  Tobacco is a drug  **Relationships and health education**  Boys and girls, families | | **Drug, alcohol and tobacco education**  Making choices  **Relationships and health education**  Growing up and changing | **Drug, alcohol and tobacco education**  Different influences  **Careers, financial capability and economic wellbeing**  Borrowing and earning money | | **Drug, alcohol and tobacco education**  Weighing up risk  Sex Ed???? |
| Summer 1 | **Living in the  Wider World**  **Staying Safe**  **EYFS Kidsafe Programme 1 7 sessions** | Kidsafe programme. | | Kidsafe programme.  Kidsafe programme. | | Kidsafe programme. | Kidsafe programme. | | Kidsafe programme.(6 sessions) |
| Summer 2 | **Health and Wellbeing**  **Being Healthy** | Kidsafe programme. | | Kidsafe programme.  Kidsafe programme. | | Kidsafe programme. | Kidsafe programme. | | Kidsafe programme (6 sessions). |
| **RSE will be supplemented by Kidsafe (In Summer 2022, all children from EYFS to year 6 received Full Programme 1)**  **Full Programme 1 can be recapped with EYFS and Y1/2/3 in Autumn 1? Cohesion between both year 2 classes?  5 x 45/60 minute sessions and 1 x 60 minute recap/** | | | ***Full Programme 2- Year 2,3,4*  10 x 60 minute sessions and 1 x 60 minute recap so this will span over a term.**  ***Full Programme 2- Year 5 and 6*  11 x 60 minute sessions and 1 x 60 minutes recap so this will span over a term.** | | **One Hour Workshops – can be used as/when situation arise.  Positive Mental Health & Emotional Wellbeing Y5 & 6 Domestic abuse and its impact on children Y5 & 6  Both of the above can be adapted for delivery to Y3 & 4 Peer Pressure Y3 – 6 Anger - how to deal with it in a positive way Y3 – 6 Harm and damage as a result of watching/playing inappropriate games and films Y3 – 6 Developing a safe culture to prevent harmful sexual activity online and face-to-face - Optional Late Y6 only for delivery in the summer term before moving on to high school.** | | | **Each You, Me, PHSE unit includes 3 sessions per half term.** | |
| **Children’s Mental Health Week  6th-12th February 2023 Place2be Mental Health Week (TBC in Autumn Term)**  **8th February Internet Safety Day** | | | **Potential Careers Aspirations Day?**  **Y3 focus Careers, financial capability and economic wellbeing**  Saving, spending and budgeting (Career Aspiration Day)  **Y2 focus Careers, financial capability and economic wellbeing**  My money | |  | | |  | |